Website review
signsofdepressioninwomen.com

Generated on March 05 2026 12:20 PM

The score is 77/100

SEO Content

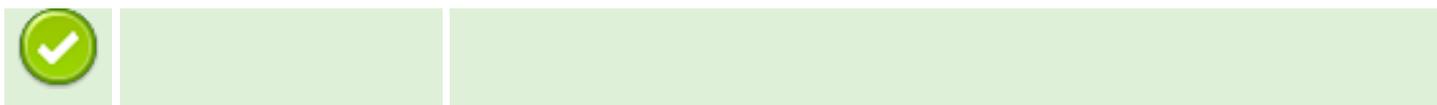|		
✓	Title	Signs of Depression in Women: Early, Physical & Emotional Indicators Length : 68 Perfect, your title contains between 10 and 70 characters.
⚠	Description	Learn about common signs of depression in women, including early, physical, and emotional symptoms. Discover how depression affects women at different ages and stages of life. Length : 175 Ideally, your meta description should contain between 70 and 160 characters (spaces included). Use this free tool to calculate text length.
✗	Keywords	Very bad. We haven't found meta keywords on your page. Use this free online meta tags generator to create keywords.
✓	Og Meta Properties	Good, your page take advantage of Og Properties.

Property	Content
title	Signs of Depression in Women: Early, Physical & Emotional Indicators
description	Learn about common signs of depression in women, including early, physical, and emotional symptoms. Discover how depression affects women at different ages and stages of life.
type	website

Headings					
H1	H2	H3	H4	H5	H6
1	9	2	25	0	0

SEO Content

- [H1] Signs of Depression in Women: What to Watch For
- [H2] Xander Hayes
- [H2] Introduction
- [H2] Early Signs of Depression in Women
- [H2] Emotional and Cognitive Signs
- [H2] Physical Signs of Depression in Women
- [H2] Depression in Different Life Stages
- [H2] Severe and High-Functioning Depression
- [H2] Conclusion
- [H2] Frequently Asked Questions
- [H3] Connect with Xander
- [H3] About the Author
- [H4] Persistent sadness or low mood
- [H4] Loss of interest in daily activities
- [H4] Irritability or mood swings
- [H4] Sleep changes, such as insomnia or oversleeping
- [H4] Fatigue without clear cause
- [H4] Feelings of guilt, worthlessness, or hopelessness
- [H4] Difficulty concentrating or making decisions
- [H4] Increased anxiety or restlessness
- [H4] Withdrawal from social interactions
- [H4] Headaches or unexplained body pain
- [H4] Changes in appetite or weight
- [H4] Digestive issues without medical explanation
- [H4] Decreased energy and physical motivation
- [H4] Young Women
- [H4] Pregnant and Postpartum
- [H4] Middle-aged Women
- [H4] Older Women
- [H4] What are the first signs of depression in women?
- [H4] What are the physical signs of depression in women?
- [H4] What are the signs of severe depression in women?
- [H4] How do signs of depression differ in young and older women?
- [H4] What are the signs of postpartum depression in women?
- [H4] What are the signs of high-functioning depression in women?
- [H4] What are the signs of manic depression in women, and signs of bipolar depression in women?
- [H4] What are the signs of depression and anxiety in women?

	Images	We found 6 images on this web page. Good, most or all of your images have alt attributes
	Text/HTML Ratio	Ratio : 41% Ideal! This page's ratio of text to HTML code is between 25 and 70 percent.
	Flash	Perfect, no Flash content has been detected on this page.
	Iframe	Great, there are no Iframes detected on this page.

SEO Content

SEO Links

✓	URL Rewrite	Good. Your links looks friendly!
✓	Underscores in the URLs	Perfect! No underscores detected in your URLs.
✓	In-page links	We found a total of 6 links including 0 link(s) to files
○	Statistics	External Links : noFollow 0% External Links : Passing Juice 0% Internal Links 100%

In-page links

Anchor	Type	Juice
Signs	Internal	Passing Juice
Early	Internal	Passing Juice
Emotional	Internal	Passing Juice
Physical	Internal	Passing Juice
Life Stages	Internal	Passing Juice
FAQ	Internal	Passing Juice

SEO Keywords

○	Keywords Cloud	emotional persistent mood women fatigue signs also depression sadness physical

Keywords Consistency

Keyword	Content	Title	Keywords	Description	Headings
women	30	✔	✖	✔	✔
depression	29	✔	✖	✔	✔
signs	23	✔	✖	✔	✔
emotional	8	✔	✖	✔	✔
sadness	7	✖	✖	✖	✔

Usability

	Url	Domain : signsofdepressioninwomen.com Length : 28
✔	Favicon	Great, your website has a favicon.
✖	Printability	We could not find a Print-Friendly CSS.
✔	Language	Good. Your declared language is en.
✖	Dublin Core	This page does not take advantage of Dublin Core.

Document

✔	Doctype	HTML 5
✔	Encoding	Perfect. Your declared charset is UTF-8.
✖	W3C Validity	Errors : 7 Warnings : 0
✔	Email Privacy	Great no email address has been found in plain text!
✔	Deprecated HTML	Great! We haven't found deprecated HTML tags in your HTML.

Document

	Speed Tips	
		✔ Excellent, your website doesn't use nested tables.
		✔ Perfect. No inline css has been found in HTML tags!
		✔ Great, your website has few CSS files.
		✔ Perfect, your website has few JavaScript files.
		✔ Perfect, your website takes advantage of gzip.

Mobile

	Mobile Optimization	
		✔ Apple Icon
		✔ Meta Viewport Tag
		✔ Flash content

Optimization

	XML Sitemap	Great, your website has an XML sitemap.
✔		http://signsofdepressioninwomen.com/sitemap.xml
✔	Robots.txt	http://signsofdepressioninwomen.com/robots.txt Great, your website has a robots.txt file.
✘	Analytics	Missing We didn't detect an analytics tool installed on this website. Web analytics let you measure visitor activity on your website. You should have at least one analytics tool installed, but It can also be good to install a second in order to cross-check the data.