Website review hand-eye-coordination.com

Generated on March 05 2026 12:25 PM

The score is 78/100

SEO Content

✅	Title	Hand-Eye Coordination: Definition, Activities, and Ways to Improve Length : 66 Perfect, your title contains between 10 and 70 characters.
✅	Description	What is hand-eye coordination? Learn its meaning, importance, exercises, and games to improve hand-eye coordination in kids and adults. Length : 135 Great, your meta description contains between 70 and 160 characters.
❌	Keywords	Very bad. We haven't found meta keywords on your page. Use this free online meta tags generator to create keywords.
✅	Og Meta Properties	Good, your page take advantage of Og Properties.

Property	Content
title	Hand-Eye Coordination: Definition, Activities, and Ways to Improve
description	What is hand-eye coordination? Learn its meaning, importance, exercises, and games to improve hand-eye coordination in kids and adults.
type	website
url	https://hand-eye-coordination.com/

Headings	H1	H2	H3	H4	H5	H6
	1	10	10	8	0	0

SEO Content

- [H1] What Is Hand-Eye Coordination and How to Improve It?
- [H2] Aaron Jackson
- [H2] Introduction
- [H2] What Is Hand-Eye Coordination?
- [H2] Importance of Hand-Eye Coordination
- [H2] Hand-Eye Coordination in Children
- [H2] Hand-Eye Coordination in Adults
- [H2] How to Improve Hand-Eye Coordination
- [H2] Hand-Eye Coordination Tests
- [H2] Conclusion
- [H2] FAQ
- [H3] About the Author
- [H3] Connect with me
- [H3] 1. Academic Skills
- [H3] 2. Sports and Physical Performance
- [H3] 3. Daily Activities
- [H3] 1. Ball Toss Test
- [H3] 2. Tapping Speed Game
- [H3] 3. Reaction Time App Test
- [H3] 4. Cup Stacking Challenge
- [H3] 5. Clinical Finger-to-Nose Test
- [H4] What is hand-eye coordination?
- [H4] How to improve hand-eye coordination?
- [H4] What are the best toys for hand-eye coordination?
- [H4] Do video games improve hand eye coordination?
- [H4] What are examples of hand-eye coordination activities?
- [H4] How to test hand-eye coordination?
- [H4] Do men have better hand eye coordination than women?
- [H4] What games help hand-eye coordination?

	Images	We found 11 images on this web page. Good, most or all of your images have alt attributes
	Text/HTML Ratio	Ratio : 54% Ideal! This page's ratio of text to HTML code is between 25 and 70 percent.
	Flash	Perfect, no Flash content has been detected on this page.
	Iframe	Great, there are no Iframes detected on this page.

SEO Links

	URL Rewrite	Good. Your links looks friendly!

SEO Links

✅	Underscores in the URLs	Perfect! No underscores detected in your URLs.
✅	In-page links	We found a total of 8 links including 0 link(s) to files
⦾	Statistics	External Links : noFollow 0% External Links : Passing Juice 0% Internal Links 100%

In-page links

Anchor	Type	Juice
Introduction	Internal	Passing Juice
What Is It?	Internal	Passing Juice
Importance	Internal	Passing Juice
Children	Internal	Passing Juice
Adults	Internal	Passing Juice
How to Improve	Internal	Passing Juice
Tests	Internal	Passing Juice
FAQ	Internal	Passing Juice

SEO Keywords

⦾	Keywords Cloud	eye speed motor games hand-eye reaction activities coordination hand how

Keywords Consistency

Keyword	Content	Title	Keywords	Description	Headings
coordination	47	✔	✖	✔	✔
hand	27	✔	✖	✔	✔

Keywords Consistency

eye	21	✔	✖	✔	✔
hand-eye	20	✔	✖	✔	✔
motor	18	✖	✖	✖	✖

Usability

	Url	Domain : hand-eye-coordination.com Length : 25
✔	Favicon	Great, your website has a favicon.
✖	Printability	We could not find a Print-Friendly CSS.
✔	Language	Good. Your declared language is en.
✖	Dublin Core	This page does not take advantage of Dublin Core.

Document

✔	Doctype	HTML 5
✔	Encoding	Perfect. Your declared charset is UTF-8.
✖	W3C Validity	Errors : 1 Warnings : 1
✔	Email Privacy	Great no email address has been found in plain text!
✔	Deprecated HTML	Great! We haven't found deprecated HTML tags in your HTML.
	Speed Tips	✔ Excellent, your website doesn't use nested tables. ✔ Perfect. No inline css has been found in HTML tags! ✔ Great, your website has few CSS files.

Document

✔ Perfect, your website has few JavaScript files.

✔ Perfect, your website takes advantage of gzip.

Mobile

	Mobile Optimization		
		✔	Apple Icon
		✔	Meta Viewport Tag
		✔	Flash content

Optimization

	XML Sitemap	Great, your website has an XML sitemap.
		http://hand-eye-coordination.com/sitemap.xml
	Robots.txt	http://hand-eye-coordination.com/robots.txt
		Great, your website has a robots.txt file.
	Analytics	Missing
		We didn't detect an analytics tool installed on this website.
		Web analytics let you measure visitor activity on your website. You should have at least one analytics tool installed, but It can also be good to install a second in order to cross-check the data.